

## **ZONE 1 NORTH SHORT COURSE SWIM CHAMPIONSHIPS**

January 24-January 25, 2009

USA/PACIFIC SWIMMING SANCTION NUMBER: **0139**

Enter online at: <http://swimconnection.com/pc/meet/z1champ>

**LOCATION:** George Haines International Swim Center in Santa Clara, 2625 Patricia Drive, Santa Clara, CA.

**COURSE:** 25-yard x 50 meter outdoor pool with up to two (2) 10 lane courses. Separate warm-up/warm-down pool is available.

**TIME:** Meet begins at 8:30 a.m. each day. The meet will be run in one session: WARM-UP for the session will be held from 7:00 to 8:15 a.m. each day

**RULES:** Current USA and Pacific Swimming rules will govern this meet. All coaches and deck officials must wear their USA-S membership card in a visible manner. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the clerk-of-the-course. All events are timed finals. **SWIMMERS MAY COMPETE IN A TOTAL OF 3 INDIVIDUAL EVENTS AND 1 RELAY PER DAY.** Relays will be swum in one course at the beginning of the session. Clubs are permitted to enter up to three (3) relays in each relay event (A/B/C), but only the 'A' relay team may score points. Relay teams must be designated before the event. Swimmers 19 years of age and older may compete in individual events on a non-scoring basis, but may not swim relays. If conditions warrant the Meet Director and Head Referee may require a mandatory scratch down. In such cases of mandatory scratches immediate cash refunds will be made. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.

**RESTRICTIONS:** Smoking and the use of other tobacco products are prohibited on the pool deck, in the locker rooms, in spectator seating and standing areas, and in all areas used by swimmers during the meet and during warm-up periods. The sale and use of alcoholic beverages are prohibited in all areas of the meet venue. **NOTE: No overnight parking is authorized. One parking space allotted per vehicle. Facilities will not be provided after meet hours. NO cameras, cell phone or video taping in locker rooms. NO CAMPSITES, CHAIRS, EZ-UPS, TENTS, TARPS OR SPACE HEATERS ALLOWED INSIDE GATED POOL DECK, EITHER IN THE STANDS OR ON THE GRASS AREAS. NO TAPING OFF OR MARKING TERRITORIES IN THE STANDS. No glass containers allowed inside gated area.** Access to the Pool Deck will be restricted to officials, timers, swimmers, coaches, and meet staff.

**ELIGIBILITY:** The meet is open only to members of Zone 1 North swim clubs. Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. **Swimmers must have met the listed qualifying time standards.** Swimmers 19 years of age and older may participate in the events for the 17-18 age group, but will not receive awards. **Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming's policy.**

**CHECK-IN:** All individual events will be pre-seeded. All relays will be deck seeded. All events will be timed finals. Swimmers are not required to check in. It is the swimmers' responsibility to report to the proper lane in the correct heat of their events. Names will not be called for any missing swimmers. Any swimmer who fails to report to the proper lane in the correct heat of his/her event will be scratched from that event and will not be permitted to swim that event in a different heat.

### **ENTRIES:**

#### **Option 1: Online Meet Entries:**

Enter at: <http://swimconnection.com/pc/meet/z1champ> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. **Online entries must be made by Wednesday, January 14, 2009. NO LATE ENTRIES, NO REFUNDS.**

**Option 2: Team Entries:**

Entire team entries should be on disk and sent to:

Z1N Championships 2009  
C/O Doug Farnham  
779 Mahogany Lane  
Sunnyvale, CA 94086

Or via e-mail to: [sunnmeets@yahoo.com](mailto:sunnmeets@yahoo.com)

email: [sunnmeets@yahoo.com](mailto:sunnmeets@yahoo.com) or contact Doug Farnham at (650) 743 – 6134 if you have any questions. **Entries must be submitted by Wednesday, January 14, 2009. LATE ENTRIES WILL NOT BE ACCEPTED.**

**Relay Entries:**

Relay entries and fees are due the day of the event at a time to be announced each day. Relay-Only swimmers must be pre-entered using one of the two entry methods described above. Cards will be provided at the meet for relays.

**ENTRY FEES:** \$2.25 per individual event and \$7.00 per relay event. There will be a \$5.00 participation fee per swimmer.

**SCORING:** The top sixteen finishers in each individual event will score as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Swimmers 19 years of age and older will compete on a non-scoring basis. The top eight finishers in each relay event will score as follows: 40-34-32-30-28-26-24-22

**AWARDS:** Ribbons will be awarded to the top sixteen (16) places in individual events and top eight (8) places in relay events. Team champions will be awarded in three divisions, based on the size of the team, following the table below. **The Ray Taft Award** will be awarded to the fastest male 100 backstroke of the meet. Swimmers 19 years of age and older will not receive awards. **Awards will not be mailed; coaches must pick up their team awards and ribbons at the conclusion of the meet on Sunday.**

Division 1	1-39 Swimmers
Division 2	40-99 Swimmers
Division 3	100 or more Swimmers

**ADMISSION:** Free. A two-day program will be on sale. THERE WILL BE NO HOSPITALITY. TEAMS SHOULD PROVIDE FOR THEIR COACHES AND VOLUNTEERS. There will be a snack bar available.

**OFFICIALS:**

Meet Referee: Dieter Giessler  
Head Marshall: Glenn Howard

Head Starter: Leon Kief  
Meet Director: Annie Stein  
(408) 253-7946  
[annie@daca.org](mailto:annie@daca.org)

**MINIMUM OFFICIALS:** Teams must follow Zone 1 North rules for providing officials. Each team must provide officials for each session according to the number of swimmers entered in that session, following the table below. Teams that do not provide sufficient officials must provide coaches to act in the place of officials.

Number of swimmers per team entered in session	# of trained and carded officials required
0 – 24	0
25 – 50	1
51 – 75	2
76 – 100	3
101 and up	4

## SCHEDULE OF EVENTS

### SATURDAY

Girls	Time Standard	Event	Time Standard	Boys	Girls	Time Standard	Event	Time Standard	Boys
1		8/U 100 Free Relay		2	25	49.09	9/10 50 Breast	49.09	26
3		9/10 200 Free Relay		4	27	43.59	11/12 50 Breast	42.29	28
5		11/12 200 Free Relay		6	29	1:28.19	13/14 100 Breast	1:23.49	30
7		13/14 200 Free Relay		8	31	1:29.49	15/16 100 Breast	1:19.79	32
9		15/18 200 Free Relay		10	33	1:34.39	17/18 100 Breast	1:21.09	34
11	1:49.29	8/U 100 IM	1:45.09	12	35	19.49	8/U 25 Free	18.39	36
13	1:33.19	9/10 100 IM	1:33.19	14	37	36.49	9/10 50 Free	36.59	38
15	1:22.89	11/12 100 IM	1:21.19	16	39	32.89	11/12 50 Free	32.69	40
17	2:48.29	13/14 200 IM	2:39.69	18	41	31.79	13/14 50 Free	29.79	42
19	2:46.99	15/16 200 IM	2:33.19	20	43	31.39	15/16 50 Free	28.09	44
21	2:53.59	17/18 200 IM	2:33.69	22	45	32.29	17/18 50 Free	28.09	46
23	24.79	8/U 25 Breast	24.29	24					

### SUNDAY

Girls	Time Standard	Event	Time Standard	Boys	Girls	Time Standard	Event	Time Standard	Boys
47		8/U 100 Medley Relay		48	71	43.49	9/10 50 Back	43.49	72
49		9/10 200 Medley Relay		50	73	38.69	11/12 50 Back	38.69	74
51		11/12 200 Medley Relay		52	75	1:18.59	13/14 100 Back	1:14.99	76
53		13/14 200 Medley Relay		54	77	1:19.79	15/16 100 Back	1:12.59	78
55		15/18 200 Medley Relay		56	79	1:23.59	17/18 100 Back	1:13.09	80
57	21.59	8/U 25 Fly	20.49	58	81	42.99	8/U 50 Free	40.89	82
59	41.69	9/10 50 Fly	41.19	60	83	1:21.09	9/10 100 Free	1:21.09	84
61	36.69	11/12 50 Fly	36.29	62	85	1:11.59	11/12 100 Free	1:10.79	86
63	1:17.79	13/14 100 Fly	1:13.19	64	87	1:08.79	13/14 100 Free	1:04.29	88
65	1:15.89	15/16 100 Fly	1:08.19	66	89	1:08.39	15/16 100 Free	1:01.59	90
67	1:17.39	17/18 100 Fly	1:08.89	68	91	1:09.19	17/18 100 Free	1:00.79	92
69	23.19	8/U 25 Back	22.69	70					

NOTE: All relays will be seeded by time and will compete slowest to fastest.

### EVENT RECAP

#### SATURDAY, JANUARY 24, 2009

8/Under	9/10	11/12	13/14	15/18
100 Free Relay	200 Free Relay	200 Free Relay	200 Free Relay	200 Free Relay
100 IM	100 IM	100 IM	200 IM	200 IM
25 Breast	50 Breast	50 Breast	100 Breast	100 Breast
25 Free	50 Free	50 Free	50 Free	50 Free

#### SUNDAY, JANUARY 25, 2009

8/Under	9/10	11/12	13/14	15/18
100 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay
25 Fly	50 Fly	50 Fly	100 Fly	100 Fly
25 Back	50 Back	50 Back	100 Back	100 Back
50 Free	100 Free	100 Free	100 Free	100 Free

**Zone 1 North Championships – 2009**  
**Team Job Assignments**

<b><u>Club</u></b>	<b><u>Job Assignment</u></b>
<b>BAC</b>	Head Timers for Sat. & Sun. morning sessions for both courses – Provide 16 watches, 16 clip boards, & 16 pencils. Announcer for Sat. & Sun. sessions Timing assignment for Lane #9 Odd and Even Courses – Sat. and Sun. sessions.
<b>DCD</b>	Runners (2) for Sat. & Sun. sessions Timing assignment for Lane #7 Even Course – Sat. and Sun. sessions
<b>DACA</b>	Meet Director Awards Table Timing assignment for Lane #2, 3, 5, 6 Odd and Even Courses – Sat. and Sun. sessions
<b>HDAC</b>	Timing assignment for Lane #8 Even Course (1 Chair Only) – Sat. and Sun. Sessions
<b>KOA</b>	Timing assignment for Lane #1 Even Course (2 Chairs Only) – Sat. and Sun. Sessions
<b>LO</b>	Timing assignment for Lane #8 Odd Course – Sat. and Sun. Sessions
<b>LAMV</b>	Runners (2) for Sat. & Sun. Sessions Timing assignment for Lane # 7 Odd Course – Sat. and Sun. Sessions
<b>MAV</b>	Timing Assignment for Lane #1 Even Course (2 Chairs Only) – Sat. and Sun. Sessions
<b>OSC</b>	Intermediary for Sat. & Sun. sessions. Timing Assignment for Lane #1 Odd Course – Sat. and Sun. Sessions
<b>PASA</b>	Head Marshal – Sat. & Sun. sessions Marshals (20) – Sat. & Sun. sessions Timing Assignment for Lane #10 Odd and Even Courses – Sat. and Sun. Sessions
<b>PCA</b>	Runners (2) for Sat. & Sun. sessions Timing Assignment for Lane #8 Even Course (2 Chair Only) – Sat. and Sun. Sessions
<b>SUNN</b>	Programs, Printing, and Sales Entries Timing Assignment for Lane #4 Odd and Even Courses – Sat. and Sun. Sessions

**Each team must provide 3 timing volunteers for each assigned lane unless otherwise noted.**

**Zone 1 North Championships – 2009**  
**Timing Assignments**

<b><u>Team</u></b>	<b><u>Lane #</u></b>
BAC	#9 Odd & Even Courses – Sat. & Sun. sessions
DCD	#7 Even Course – Sat. & Sun. sessions
DACA	#2, #3, #5, & #6 Odd & Even Courses – Sat.& Sun. sessions
HDAC	#8, One Chair Only, Even Course – Sat. & Sun. morning
KOA	#1, Two Chairs Only, Even Course– Sat. & Sun. sessions
LAMV	#7 Odd Course – Sat. & Sun. sessions
LO	#8 Odd Course – Sat. & Sun. sessions
MAV	#1, One Chair Only, Even Course – Sat. & Sun. sessions
OSC	#1 Odd Course – Sat. & Sun. sessions
PASA	#10 Odd & Even Courses – Sat. & Sun. sessions
SUNN	#4 Odd & Even Courses – Sat. & Sun. sessions
PCA	#8, Two Chairs Only, Even Course – Sat. & Sun. sessions

**Each team must provide 3 timing volunteers for each assigned lane unless otherwise noted.**